

## Letter from the Director:

As I write this, it is one more of our Northeast Ohio cloudy days. It certainly has been an interesting winter with varying weather changes. Spring is just around the corner and I am looking forward to more sunny days and warmer temps.

Thanks to each of you who made a donation through our end-of-year appeal letter. Your support makes a big difference in ensuring that we can continue to offer programs that support those affected by a serious mental illness and their families, suicide prevention activities, and training for law enforcement officers.

As you may know, everything we provide at NAMI is at no cost to the person(s) in need. This includes the MOCA House Recovery Program, family education and support, the CIT program for law enforcement officers, and our work in suicide prevention and postvention.

Please take a few minutes to look at the newsletter and keep up with happenings. We are looking forward to our upcoming WALK for Wellness in May and hope to see many of you there. Let us know if you can be a sponsor of the WALK or you want to form a team.

With warm regards,  
*Helen Walkerly*

## Pizza Sales Successful

Thanks to all of the individuals and businesses who ordered pizzas from us for Super Bowl weekend, our annual Pizza Sale was a success.

Special thanks to Clara Stutzman for purchasing pizzas for a Friday lunch for the MOCA House participants. That is always a treat.



If you missed ordering this year, please call the office (330-264-1590) to make sure you are contacted next year. These pizzas are great for Super Bowl weekend get-togethers and parties.

## “WALK for Wellness”

Our Annual WALK for Wellness fundraiser is scheduled for Saturday, May 18<sup>th</sup>. It will be at the Arboretum on the campus of the OARDC again this year, and we would love for you to be involved. There are several areas where you could contribute:

1. Get involved in the planning committee for this event;
2. Become an event sponsor;
3. Organize a team to walk;
4. Become an individual walker;
5. Financially sponsor a walker
6. Help us spread the word

To register for the WALK, go to [walkforwellness2019.eventbrite.com](http://walkforwellness2019.eventbrite.com).

We are looking for event sponsors. If you or anyone you know is interested in being a sponsor, please contact us at 330-264-1590.



### Introducing our 2018 Walk for Wellness Honorary Chairs: Greg & Kathy Long

Greg & Kathy Long are lifelong residents of Wooster, with Greg graduating from Triway and Kathy from Wooster. Greg is a CPA and President of Long, Cook & Samsa, Inc. CPA's. Kathy is President of Wooster Glass Company, Inc. & Medina Glass, continuing family involvement of the company her parents, Ralph & Grace Jones established in 1947. Kathy, and their son Matt, an attorney at Critchfield Law Firm, head the Ralph R. & Grace B. Jones Foundation.

Greg & Kathy believe in supporting our local not-for-profit organizations, including serving as members of board of directors.

Greg lost a younger brother, Larry, to suicide in 1978 so they know the value of the work NAMI does and have seen the powerful impact of the services offered. They ask you to join them in supporting this important work.



## NAMI Quilt Raffle for Walk For Wellness

Raffle tickets are for sale for the beautiful quilt which has been made and donated to NAMI Walk for Wellness by Vicky Hartzler. It measures 80" x 81". Tickets will continue to be sold until the Walk for Wellness on May 18, 2019 when we will draw for the lucky winner. Tickets are \$1 a piece or \$5 for six. Stop in to purchase tickets!

## NAMI Shout Out to our awesome volunteers

Our NAMI offices are always buzzing with people planning programs, writing grants, sharing news, cooking or serving food, and fundraising, along with the business end of running an organization. Our volunteers are the heart and soul of our organization.

We salute the dedicated NAMI volunteers who help in our office to get things done. We're also indebted to those dedicated souls who teach our Family-to-Family education programs (English and Amish), and lead our monthly support groups for family members. These roles are pivotal to our NAMI programs.

We also thank our board members and committee members who make suggestions and assist with planning for the betterment of the organization. Our CIT (Crisis Intervention Team) Advisory Council and Suicide Prevention Coalition volunteers do an amazing job and we appreciate their insight and dedication to these causes. We couldn't function without help from our volunteers.



**NAMI Wayne and Holmes Counties**  
**2525 Back Orville Road**  
**Wooster, OH 44691**