Letter from the Director:

Happy March to everyone! March feels like spring will be in the air soon with more sunny days and milder temperatures.

We’ve been very busy here at the office planning for the upcoming WALK and 5K for Wellness. Our Development Manager, Jen Grim is doing a knockout job of integrating the addition of the 5K into our event.

The current Family to Family education class is well underway. Thanks to members Lyn Shoots and Libby Carmony for teaching this session. We now have some great teachers that can rotate in teaching and their commitment to this program is very much appreciated as is the coordination of the program by Connie Blacksten.

While I am on the topic of family, I want to mention the Family Support group that meets the first Tuesday of each month. This is a great support service for persons who have a loved one with a mental illness. Thanks to Jill Basinger and others for the dedication in facilitating this group. See the calendar for the meeting dates for March and April.

On March 25th we hosted a CIT Advanced training with a presentation from Attorney Christine Shaynak-Diaz from Columbus. We had many law enforcement, crisis workers, hospital personnel and law directors in the room. So proud of the work we do through the CIT Advisory Council!

With warm regards,
Helen Walkerly

Pizza Sales Successful

Thanks to all of the individuals and businesses who ordered pizzas from us for Super Bowl weekend, our annual Pizza Sale was a success.

for Wellness”

The annual WALK and 5K for Wellness Fundraiser will take place Saturday, May 2nd at Secrest Arboretum. Check in begins at 8:00 am. Dress for the weather – we will walk rain or shine.

To register for the WALK and 5K, go to www.verticalrunnerrm.com

We are looking for event sponsors. If you or anyone you know is interested in being a sponsor, please contact us at 330-264-1590.

2020 Walk and 5K for Wellness Honorary Chairs: The Reardon Family

Michael, Stephanie, Amy and Robin Reardon moved to Wooster from Columbus in 1974 when Michael purchased United Titanium, Inc. Michael and Stephanie have shown their love of Wooster by volunteering their time and expertise and actively supporting causes that are personal to them and important to the community.

The Reardon’s say “Having seen the effect of mental illness on family and friends, the Reardon’s have wholeheartedly chosen to support NAMI. It is a privilege to have been selected to be the honorary chairmen of the Walk + 5K for Wellness 2020. Help us make a difference on May 2 at Secrest Arboretum on OARDC campus. We encourage everyone to lace up your shoes and be a part of stopping the stigma surrounding mental health issues.”

We look forward to seeing you!

on Sale

Raffle tickets are currently being sold for this beautiful 100”x 108” quilt in the Attic Treasure stitch. Tickets will be available until May 2 at our Walk and 5K for Wellness. The winning ticket will be drawn at the event and you need not be present to win. Tickets are $1 each or six for $5. Stop by the office to purchase your tickets today!

NAMI Shout Out to our Awesome Volunteers

Our NAMI offices are always buzzing with people planning programs, writing grants, sharing news, cooking or serving food, and fundraising, along with the business end of running an organization. Our volunteers are the heart and soul of our organization.

We salute the dedicated NAMI volunteers who help in our office to get things done. We are indebted to those dedicated souls who teach our Family-to-Family education program, and lead our monthly support group for family members. These roles are pivotal to the organization.

We also thank our board members and committee members who assist with planning for the betterment of the organization. The CIT (Crisis Intervention Team) Advisory Council and the Suicide Prevention Coalition volunteers do an amazing job and are appreciated for their dedication to these causes. We couldn’t function without help from our volunteers.